

Travel Information

Arrival/Departure times:

Please aim to arrive between 4pm - 6:30pm on the day the retreat starts (the 16:57 bus from Stirling will get you here in time). Please let us know if arriving later than 7pm so that we can save some dinner for you. Week long retreats will end at approximately 11am on the final day. Return travel should be booked leaving Stirling after 1pm, return flights should be no earlier than 4pm. Weekend retreats will finish around 3 – 4pm on the Sunday.

If you are travelling by public transport, we will help you arrange your travel from Dhanakosa to Callander or Stirling either by taxi or lift-share.

Liftshare:

You can offer or request a lift on our website here <http://www.dhanakosa.com/liftshare> Not only does this help reduce transport costs, lower carbon emissions and free up our car park, it's also a great way to spend time with another retreatant!

Travelling by car:

If travelling to Dhanakosa from the south, take the A84 north from junction 10 of the M9 near Stirling (signposted for Crianlarich). Stay on the A84 for about 24 miles (passing through Callander after about 13 miles) and, about 11 miles past Callander, take the turning on the right signposted for Balquhidder and Rob Roy's grave. Follow this road through Balquhidder (2 miles) and then a further 2 miles with Loch Voil to your left until you come to Dhanakosa. The centre is a large white house slightly off the road on your right with a wooden gate by the roadside.

If you are travelling by car and are willing to offer a lift to others please let us know so that we can pass on your phone number to people looking for a lift to the retreat.

By train or coach - direct taxi from Stirling *3 month trial August-October 2015*

Book a train or coach to Stirling, arriving before 3pm or before 5pm. Book a direct taxi from Stirling train station to Dhanakosa. There are two runs at 3pm and 5.15pm every Friday afternoon, costing £12 and taking an hour.

To book please contact Highland Glen on bookings@highlandglentravel.co.uk or call **07554 195446**. Please book in advance, at the very latest **by 3pm the day before**.

By train or coach – 3 stage option

Book a train or coach to **Stirling**, arriving before 4.40pm.

The bus station in Stirling is across the road from the train station, turn left as you exit and you will see it.

From Stirling bus station (stance 7) you can get a bus to **Callander** which connects with another bus to the **Kingshouse**. You make the connection in Callander from the same bus stop.

Bus times are shown in the tables below. From Kingshouse there is a local subsidised taxi service (Highland Glen Travel, costs £3.30 to Dhanakosa), which will bring you to Dhanakosa.

This service is booked via Stirling Council. Call **08452 777 000** between 9am and 3pm Monday to Friday. You can also book online at www.stirling.gov.uk/drt. **All bookings must be made by 3pm the day before.**

Please note that the bus times listed below are subject to change (depending on school holidays). It is best to check online (www.travelinescotland.com) for the most up to date schedule.

First Bus C59	
Depart Stirling	Arrive Callander
12:57	13:42
14.40/14.57 school day/school holiday	15.25/15.42
16:57	17:46

Kingshouse Travel C60	
Depart Callander	Arrive Kingshouse
13:50	14:12
15:50	16:12
17:55	18:17

If you get stuck in Callander local taxi firms can be contacted on 01877 330496 or 331240 (costs about £28 to Dhanakosa).

By Air:

You can get a flight to Edinburgh, Glasgow International or Glasgow Prestwick airports. Aim to arrive before 2 pm at the latest. Approximate journey times to Stirling are shown below.

<u>Edinburgh Airport</u>	<u>Glasgow International</u>	<u>Glasgow Prestwick</u>
Tram to Edinburgh Park station (15 mins)	Bus to Queen St. station (25 mins)	Train to Glasgow Central (45 mins)
Train to Stirling (40 mins)	Train to Stirling (40 mins)	Bus to Queen St. station (5 mins)
		Train to Stirling (40 mins)