

Drawing and Painting Retreat 2020

Landscape of Colour – Information

The combination of drawing and painting the beautiful landscape at Dhanakosa along with the practice of meditation allows one to cultivate an open awareness of oneself and a deeper connection with the land. This will be a week of reflection and creativity with expert tutors, Tejini and Dhiraka. The week will cover full guidance in meditation and will include periods of silence. The art will be led by Tejini and drawing will predominate. You are encouraged to bring your own favourite art materials and a limited selection of materials will be available for communal use. There will be drawing boards and A2 cartridge paper supplied. There are plastic folding chairs. Bring boots and swimming costumes !

A list of art materials to bring :

Small drawing pad

Small watercolour pad

B2 or B3 drawing pencil

Charcoal pencil

Fine line pen

colour pencils or pens

oil pastels or chalk pastels +(can of hair spray for fixing)

Watercolours and brushes

masking tape

folding seat (optional)

2 postcards of drawings or paintings which you like.